

Charter for Mental Health Care in NSW

Every person in NSW has the right to mental health services that:

1. Respect human rights.
2. Are compassionate & sensitive to the needs of the individuals they serve.
3. Foster positive attitudes to mental health in the larger community.
4. Promote positive mental health.
5. Encourage true consumer involvement at all levels of service delivery & policy development.
6. Provide effective treatment and care across the lifespan.
7. Are widely accessible to people with mental health needs.
8. Provide care in the least restrictive environment, consistent with treatment requirements.
9. Provide effective & comprehensive prevention programs across the lifespan.
10. Promote 'living well' with mental illness.
11. Address quality of life issues such as accommodation, education, work & income, leisure & sport, home & family & other relationships.
12. Use language that reduces stigma, discrimination, or negativity for those affected and their families.
13. Respect & are responsive to the diversity in lifestyle, sexuality and sexual preference.
14. Are culturally sensitive & appropriate to the needs of the individuals they serve.
15. Encourage & support self-help.